



SOUTH CENTRAL TAE KWON DO

TOURNAMENT SPARRING

TARGETS FOR VALID POINTS - Any hand or foot technique to the face mask area. Any hand or foot technique to the body above the groin, excluding the back but including the kidney

VALID SCORES - Any hand or foot technique that does not touch the face mask area but passes within close range (1-3 inches depending on belt rank) with no defensive response. (evasion or block)

Any hand or foot technique that brush touches the body above the groin or passes within extremely close range (1 to 6 inches depending on belt rank)

A non-contact point is valid and is given preference

A Valid Score must have posture, balance and focus. Competitors should show control over their technique. Wildness or uncontrolled technique should receive a warning.

A Valid Score will be determined by a simple majority of judges. The head referee will have one vote, each corner has one vote.

WARNINGS - Any hand or foot technique to a non - valid target area :

- Back of head
- Back - Spine - Buttocks
- Groin
- Legs

Any hand or foot technique that is delivered blindly

Sweep techniques against the leg joints

Grabbing and continual hitting

DISQUALIFICATIONS - IMPORTANT: ANY HEAD CONTACT, HOWEVER SLIGHT, IS GROUNDS FOR DISQUALIFICATION. ANY ONE OFFICIALS' CALL IS ALL THAT IS NEEDED

Simple Majority -contact considered excessive or malicious

Simple Majority - behavior considered unsportslike